

# Route 1 - Gingerbread and great oaks



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For further information on this cycle route (including places to eat, cycle hire centres and places to visit) and other downloadable cycle routes in the Peak District, please see [www.visitpeakdistrict.com/cycleroutes](http://www.visitpeakdistrict.com/cycleroutes)



R at T signed Mappleton

Pass duck pond, SO at crossroads.

Exit car park L to Tissington



Leave car park through tunnel. Follow signs for Route 68 to Longford

L SP Kniveton

L SP Mooredend

Start

R just before church



From Longford leave Route 68. R at T.L Hollington.

**ROUTE INFORMATION**

**Distance:** 8.5miles/13.7km (north loop) 18.7miles /30.1km (south loop)

**Start and Finish:** Ashbourne Cycle Hire, DE6 2AA. Just to the north of Ashbourne town centre on the Tissington Trail

**Terrain:** North loop - starts on the traffic-free Tissington Trail and returns by road through Tissington and Mappleton. Moderate hills  
South loop - rolling hills and peaceful lanes. A stretch of unsurfaced track through Osmaston Park may need to be walked

**Refreshments:** Tissington, Ashbourne, Mappleton, Shirley

**Toilets:** Ashbourne, Tissington and Thorpe

**Maps:** Ordnance Survey Landranger 119 Buxton & Matlock and 128 Derby & Burton upon Trent

**Total Ascent:** 149m (north)

8.5 miles

**Total Ascent:** 482m (south)

18.7 miles



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